



Rural
Women's
Assembly

We are the Guardians of Land,
Life, Seeds and Love

Our Solutions

About Us

Across Southern Africa, rural women are leading solutions rooted in justice and sustainability.

We are:

- Protecting indigenous seeds and biodiversity
- Practicing agroecology and sustainable farming
- Organising community dialogues and movements
- Advocating for land rights and policy change
- Building collective solidarity across borders

Rural women are not only victims of crises, we are leaders of transformation.

We are the Rural Women's Assembly, a movement of smallholder women farmers, fisherfolk, farm workers, landless women, seed keepers, and rural community organisers across Southern Africa.

We work together to defend land, seeds, water, food sovereignty, and the rights of rural communities.

We bring together rural women leaders, from across the region. Through collective organising, political education, and advocacy, we strengthen our voices and influence decisions that affect their lives and territories.

We believe that when rural women lead, communities thrive.



**INTERNATIONAL WOMEN'S
DAY 2026**
**RURAL WOMEN RISING:
DEFENDING LAND, SEEDS,
AND LIFE**

Why International Women's Day Matters

International Women's Day is a moment to recognise the strength, resilience, and leadership of women across the world.

For rural women, it is also a time to highlight the realities they face every day:

- Climate change affecting crops, water, and livelihoods
- Land grabbing and displacement from ancestral lands
- Pollution from mining and extractive industries
- Gender-based violence in homes and communities
- Economic inequality and limited access to resources

Despite these challenges, rural women continue to organise, grow food, care for communities, and protect ecosystems.

Contact Us



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Our Call to Action

On this International Women's Day, we call on governments, institutions, and communities to:

- Recognise and support the leadership of rural women
- Protect community land and territories from exploitation
- Invest in agroecology and local food systems
- Address gender-based violence in rural areas
- Ensure rural women's voices are heard in decision-making spaces

When rural women rise, communities rise with them.

